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An hour from Ibiza by boat, Formentera is the rising star of the Balearics. Its laid-back, hippie vibe is the much-needed antidote to Ibiza's neon lights and nightclubs, while strict planning regulations mean you won't find any high-rises on the island. Instead, stay at the celebrity favourite Gecko Beach Club, which was given a lick of paint last year and has emerged A-list-ready. It's the perfect spot for a lunch of fresh seafood and local wine, served to you alfresco as you sink your toes into the sparkling white sand, before an afternoon siesta in the serene sea-facing garden.

From about £210 a room a night

