STAFF DRESSED BY ECOALF



# **MASSAGES & BEAUTY TREATMENTS**

# **MASSAGES**

RELAXING  A holistic and profoundly relaxing massage using essential oils. A combination of techniques will complete this treatment.	60 Min. / 100€s based on Shiatsu and S	
THERAPEUTIC	60 Min. / 120€ of the muscles, releasing	
LYMPHATIC DETOX MASSAGE SEASKIN		
HOT STONE  A holistic technique using heated basalt stones in combination with warm essential oils to reto relieve chronic muscular pain, fatigue and sleep disorders. Perfect to start your holidays.		
FOOT REFLEXOLOGY  Foot reflexology stimulates blood circulation, the energy flow and the self-healing forces. This that will leave you with a feeling of relaxation and complete revitalization.	_30 Min. / 60€ s ritual ends with a leg a	
TREATMENTS		
Facials		
SeaSkin GLOW	/	
SPECIAL MEN SEASKIN	ell as the area of the eye	60 Min. / 115€ e contour, giving
Body treatments		
EXFOLIATION BY SEASKIN	nd rose scent.The ritual	60 Min / 120€ includes a deep
AFTERSUN RESTORATIVE SEASKIN		60 Min/130 € eal to repair the
AYURVEDA		
AYURVEDIC MASSAGE, RELAXING, INVIGORATING OR THERAPEUTIC  Ayurveda's unique body massages use signature herbal-infused oils to release tension, imbody, taking mind and body beyond relaxation. Depending on the chosen oil and the technique invigorating or therapeutic.	purities and trapped en	ergy within the
ABHYANGA MASSAGE.  Technique based on Ayurvedic Indian medicine that uses different types of oils depending of muscle tensions, eliminating energy blocks to improve physical and emotional well-being.	60 Min. / 140€on the typology of the pe	
CHAMPISSAGE INDIAN HEAD MASSAGE  This Indian head massage balances your central nervous system and promotes mental cla follicles and scalp using sesame oils applied on the meridians of your head, neck and shou view, it is a wonderful experience that ensures you're left relaxed and with a rejuvenated for	lders. From a purely pan	

#### Daily from 10:00 am to 08:00 pm

## **PUNCTUALITY**

In order to respect other guests' reservations, please be aware that we will be unable to extend your treatment time in case of late arrival.

## **CANCELLATIONS**

If you wish to cancel or re-schedule your appointment, please notify us at least 8 hours before the time reserved. We will charge 100% of the massages that are cancelled with less than 8 hours as well as no-shows.